



Packing checklist

A little preparation. A better journey.

Trip

Dates

Choose what fits your trip. Check each item as it goes into your bag.



Documents & money

01

- ☐ Passport or accepted photo ID
- ☐ Required visas or entry documents
- ☐ Tickets and booking confirmations
- ☐ Accommodation and arrival details
- ☐ Payment cards and suitable cash
- ☐ Insurance and emergency contacts
- ☐ Secure backup of key documents



Technology

02

- ☐ Phone and charging cable
- ☐ Charger and suitable plug adapter
- ☐ Power bank, if permitted for your trip
- ☐ Headphones
- ☐ Laptop or tablet, if needed
- ☐ Camera and accessories, if needed



Within easy reach

03

- ☐ Travel documents and valuables
- ☐ Water bottle and suitable snacks
- ☐ An extra layer or change of clothes
- ☐ Eye mask or earplugs
- ☐ Tissues and hand-care essentials
- ☐ Pen and something to read



Clothing

04

- ☐ Underwear and socks
- ☐ Tops and bottoms for your itinerary
- ☐ Sleepwear
- ☐ Layers for the weather
- ☐ Comfortable shoes
- ☐ Rainwear, hat or swimwear, if needed
- ☐ Laundry bag



Toiletries

05

- ☐ Toothbrush and toothpaste
- ☐ Deodorant
- ☐ Shampoo and body-care essentials
- ☐ Skin care, sunscreen and lip balm
- ☐ Brush, comb and grooming items
- ☐ Personal hygiene supplies



Personal care

06

- ☐ Regular medicines and supplies
- ☐ Relevant prescriptions or documents
- ☐ Glasses or contact-lens supplies
- ☐ Hearing aids and charging supplies
- ☐ Personal mobility or comfort aids
- ☐ Other essentials unique to you

Your trip, your list. Add personal items and complete your final checks on page 2.



Ready for departure.

A few final checks, then the journey is yours.



Before you pack

01

- ☐ Check entry and transit requirements for your documents and itinerary.
- ☐ Check your airline's bag size, weight and item allowances.
- ☐ Review applicable security and customs rules, including medicines, food and batteries.
- ☐ Check the forecast and planned activities.



The day before

02

- ☐ Confirm flight details and check-in arrangements.
- ☐ Save tickets, addresses and useful maps offline.
- ☐ Charge devices and arrange connectivity abroad.
- ☐ Plan your airport transfer and arrival time.



As you leave

03

- ☐ Check passport or ID, phone, wallet and keys.
- ☐ Add the daily essentials you used this morning.
- ☐ Keep essentials accessible if a bag is checked.
- ☐ Check your home and lock up.



Make it yours

Extra items, quantities or a reminder to yourself.

CHECK FOR YOUR TRIP

Requirements vary by route and traveler. Use your airline, airport and relevant government websites for current details.

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